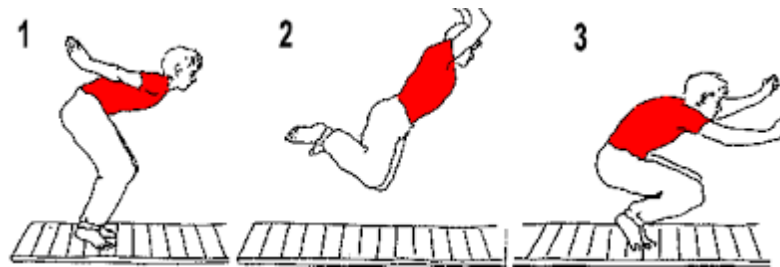


Épisode 18

On bouge à l'école !



B@E

Bonjour!



Je suis Benoît

À chaque semaine, je vais vous proposer des idées afin de cultiver un peu plus de bonheur dans votre école.



A decorative background featuring a large, light blue dashed circle. Inside and around this circle are various colorful shapes: a large green circle at the top left, a large cyan ring at the top center, a large yellow circle at the top right, a large orange circle at the bottom left, and a large yellow circle at the bottom right. Smaller circles in green, blue, orange, and pink are scattered throughout. A blue circle containing the white text "66" is positioned near the top center. A yellow circle with the text "B@E" and a blue smiley face is located at the bottom right.

66

Lors de cette prochaine activité,
l'Happyculteur t'invite à bouger et faire de
l'exercice avec tes camarades de classe.

A decorative background featuring a large, light blue dashed circle. Various colored circles and arcs are scattered around it: a large green circle at the top left, a large cyan arc at the top center, a large yellow circle at the top right, a large orange circle at the bottom left, and a large yellow circle at the bottom right. Smaller circles in green, blue, orange, and pink are also present. A blue circle with white quotation marks is positioned above the main text.

“

Tu auras la chance de pratiquer le saut sans élan
et de voir la distance totale parcourue par ta
classe et même l'école !



The background features several overlapping circles in various colors: orange, yellow, pink, green, and blue. Some circles have dashed outlines. A large, light blue dashed circle is centered in the upper half of the page.

1

L'enseignant présente en salle de classe la vidéo de l'Happyculteur.

Vidéo

The background features several colorful circles and dashed lines. In the top left, there is a large orange circle with a dashed white outline, overlapping a yellow circle. Below it is a small pink circle. In the top right, there is a green circle with a white dot, a small orange circle, and a green circle with a dashed white outline. In the bottom left, there is a green circle with a dashed white outline, a small cyan circle, and a large green circle. In the bottom right, there is a large cyan circle, a small cyan circle with a dashed white outline, and a yellow circle with the text 'B@E' and a blue arrow pointing right.

2

Chacune des classes participe au saut en longueur sans élan.

The background features several decorative elements: a large orange ring with a dashed red inner circle in the top left; a large light blue dashed circle in the top center containing the number 3; a green circle with a white dot in the top right; a yellow circle with a dashed green inner circle in the top right; a pink dot below the orange ring; a green circle with a dashed green inner circle in the bottom left; a large cyan ring in the bottom right; a yellow circle with 'B@E' and an arrow in the bottom right; and a cyan circle with a dashed blue inner circle in the bottom right.

3

On additionne la distance de tous les sauts pour trouver la distance totale parcourue par la classe.

The background features several decorative elements: a large orange ring with a dashed red inner circle in the top left; a large cyan ring in the bottom right; a yellow circle with 'B@E' and a blue arrow in the bottom right; and various other solid and dashed circles in green, yellow, and cyan scattered throughout.

4

On additionne toutes les distances des classes
pour trouver le total de l'école.



5

VARIANTE

Les plus grands peuvent calculer le total des sauts, faire un graphique, faire des statistiques, présenter le résultat sur une carte.



6

VARIANTE

On peut transposer la distance totale de la classe et de l'école par rapport à un trajet de l'école vers un lieu pour que les enfants se fassent une idée concrète de la distance parcourue.



Ressources

© [Vidéo de l'Happyculteur](#)



Merci!



**Vous avez des idées pour
nos prochaines semaines?
Écrivez-moi!**

Happyculteur@bonheuralecole.org





Une présentation de
Bonheur à l'école

www.bonheuralecole.org